



GOLDEN HARVEST FOOD BANK

feeding lives together

BACKPACK PROGRAM

CHILD HUNGER

In our area, 1 in 4 children struggle with hunger on a regular basis. Children living in poverty often rely on free school meals to get enough to eat. This means that on the weekend, when school is not in session, they find themselves with little or no food to make a meal.

Childhood hunger has a lasting and devastating effect on a child's development. It can lead to long-term health problems, cognitive and emotional development issues, and poor grades. No child in our nation of plenty should have to face hunger alone, or suffer from its long-term consequences.

HOW WE HELP

The Backpack Program meets the needs of children facing hunger by providing them with a bag of nutritious, easy-open food each Friday during the school year. Each bag contains enough food for 4 meals to help recipients through the weekend.

Golden Harvest works closely with local elementary school counselors, nurses, and teachers to identify children in need and enroll them in the program. With enough weekend food, our program participants come to school on Monday well fed and ready to learn instead of hungry, tired and distracted.

You can help by sponsoring a child in the program for just \$20 per month. Give online and change a child's life today!



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